



## Jefferson Healthcare Center

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APRIL 2024



# Jefferson Healthcare Center

*"Our family taking care of your family."*



### WHO'S WHO AT JEFFERSON HEALTHCARE CENTER

- Tishia Pratt, LNHA  
Administrator
- Jessica Martone, RN  
Director of Nursing
- Crystal Vickery, RN  
Assistant DON
- Tasha Herd, RN  
Assistant DON
- Cindy Pratt  
Admissions
- Bobbie Cancel  
Social Services
- Diane Marenkovic  
Dietician
- Cindy Fusco, LPN  
MDS Coordinator
- Dawn Green  
Business Office Manager
- James Rainey  
Maintenance Director
- Becky Brazier  
Dietary Manager
- Barb Norris  
Environmental
- Laura Holmes  
Activity Director
- Theresa Baucum  
Central Supply &  
Medical Records
- Andrew Showalter  
Therapy Director

## Solar Eclipse

A total solar eclipse is coming to much of Ohio on April 8, 2024. It will begin at 3:08 pm EDT with the Moon's shadow making its final exit from the state at 3:19 pm EDT. Be prepared to see the greatest sight nature offers, a total eclipse of the Sun. Here in Northeast Ohio, we are inside the path of totality and will get the full experience. Cleveland is one of the largest cities inside the path of totality. Cincinnati, Columbus and Youngstown are very close to the path and we expect many people in these cities to make the short drive to northeast Ohio on eclipse day.

You may find that this total eclipse of the Sun is the most beautiful sight you will ever see in the sky. Nothing can quite prepare you for the amazing moment when the sky suddenly darkens and the Sun's corona shines in the sky. Learn about the basics of the solar eclipse at [greatamericaneclipse.com/basics](https://greatamericaneclipse.com/basics) and find out more about the wonder of eclipses at [greatamericaneclipse.com/splendor](https://greatamericaneclipse.com/splendor).

Unless you are an experienced photographer, we recommend that you not attempt photography during the eclipse. No photograph can capture the stunning beauty of a total solar eclipse, you must see it for yourself. You will be so stunned that it will be difficult to operate a camera. During a total solar eclipse, such as the one we will experience on April 8th, looking directly at the Sun is unsafe except during the brief total phase ("totality"), when the Moon entirely blocks the Sun's bright face, which happens only within the narrow path of totality. At all other times, it is safe to look directly at the Sun only through special-purpose

solar filters that comply with the transmittance requirements of the ISO 12312-2 international standard. *(More information about filters can be found on the following page.)*



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## We are grateful for our valued Volunteers

April is National Volunteer Month. We are so glad to have volunteers who enjoy spending part of their days here at Jefferson Healthcare. Every minute they give means so much, as Volunteers note how Residents respond to their efforts. They see faces brighten up and come to realize that sometimes just a smile is all it takes to reach someone and make their day that much better. These wonderful people have discovered that Volunteering is one of the greatest gifts you can give – the gift of yourself. Interested in Volunteering? We'd love to have your help. Applications are available at the Front Desk.





Instructions for the Safe Use of Solar Filters/Viewers during the Solar Eclipse

- Always inspect your solar filter before use; if scratched, punctured, torn, or otherwise damaged, discard it. Read and follow any instructions printed on or packaged with the filter.
- Always supervise children using solar filters.
- If you normally wear eyeglasses, keep them on. Put your eclipse glasses on over them, or hold your handheld viewer in front of them.
- Stand still and cover your eyes with your eclipse glasses or solar viewer before looking up at the bright Sun. After looking at the Sun, turn away and remove your filter — do not remove it while looking at the Sun.
- Do not look at the uneclipsed or partially eclipsed Sun through an unfiltered camera, telescope, binoculars, or other optical device.
- Similarly, do not look at the Sun through an unfiltered camera, telescope, binoculars, or any other optical device while using your eclipse glasses or handheld solar viewer in front of your eyes — the concentrated solar rays could damage the filter and enter your eyes, causing serious injury.
- Seek expert advice from an astronomer before using a solar filter with a camera, telescope, binoculars, or any other optical device; note that solar filters must be attached to the front of any telescope, binoculars, camera lens, or other optics.



We will have a viewing group in the Back Parking Lot on April 8th, during the total Solar Eclipse. Interested Residents and Staff will be provided with eclipse glasses for safe viewing. It is recommended that people do not drive during the occurrence, so if you are planning to visit, arrive before 2pm and plan on staying until the eclipse is over.



(Left Center and Below) Residents Roberta, Loretta and Larry helped with Crafts during our Egg Hunt for Staff Kids and visited with the Easter Bunny!



(Left from top) Donna, Dinah and Rose showing their Irish spirit for our St. Patrick's Day Celebration: snacks, trivia and some potato peeling!



APRIL STAFF BIRTHDAYS



Rebekah Hunt. . . . . April 01

Nicole Daigle . . . . . April 07

Julie Szitas. . . . . April 13

Madline Gantous . . April 11

Elizabeth James . . . April 18

Joseph Howell . . . . April 22



Famous April Birthdays:

- Marlon Brando (actor) – April 3, 1924
- Maya Angelou (poet) – April 4, 1928
- Francis Ford Coppola (director) – April 7, 1939
- Billie Holiday (singer) – April 7, 1915
- David Letterman (TV host) – April 12, 1947
- Loretta Lynn (singer) – April 14, 1932
- Queen Elizabeth II (royalty) – April 21, 1926
- William Shakespeare (writer) – c. April 23, 1564
- Kelly Clarkson (singer) – April 24, 1982
- Ella Fitzgerald (singer) – April 25, 1917
- Carol Burnett (comediienne) – April 26, 1933
- Duke Ellington (pianist) – April 29, 1899



April 21 is D (dandelion) Day!

While some consider the dandelion to be a nuisance weed, others insist it is a beneficial plant. Dandelion leaves contain vitamins and minerals, including vitamin A, C, and K, and are a good source of calcium, potassium, iron, zinc, and manganese. And of course, Dandelion flower petals can be made into dandelion wine!

Keep America Beautiful Month  
National Humor Month  
National Poetry Month  
Masters Golf Tournament

- 1 - April Fool's Day
- 2 - Peanut Butter & Jelly Day
- 3 - Find a Rainbow Day
- 9 - 1st Public Library Opens
- 13 - Thomas Jefferson's Birthday
- 14 - Titanic Struck The Iceberg
- 15 - Income Tax Day
- 15 - First McDonalds Opens
- 22 - Earth Day
- 23 - William Shakespeare's Birthday
- 23 - Movie Theater Day
- 27 -National Arbor Day

Employee of the Month:

We would like to recognize Cassandra Dettling, LPN, our March Employee of the Month! Cassandra has overcome personal challenges to become a beacon of care and service here at Jefferson Healthcare. In addition to her nursing duties, she gets fulfillment in her role as wife and mother. “My daughters teach me something new every-day, about loving, life, forgiveness, patience and genuineness!”

