

Jefferson Healthcare Center

222 E. Beech Street, Jefferson, Ohio 44047

Phone: 440-576-0060 Fax: 440-576-2112



We are grateful for our valued Volunteers

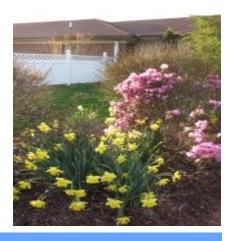
April is National Volunteer Month. We are so glad to have volunteers who enjoy spending part of their days here at Jefferson Healthcare. Every minute they give means so much, as Volunteers note how Residents respond to their efforts. They see faces brighten up and come to realize that sometimes just a smile is all it takes to reach someone and make their day that much better. These wonderful people have discovered that Volunteering is one of the greatest gifts you can give – the gift of yourself. Interested in Volunteering? We'd love to have your help. Applications are available at the Front Desk.



APRIL 2024

Jefferson Healthcare C e n t e r

"Our family taking care of your family."



WHO'S WHO AT JEFFERSON HEALTHCARE C E N T E R

- Tishia Pratt, LNHA

 Administrator
- Jessica Martone, RN
 Director of Nursing
- Crystal Vickery, RN
 Assistant DON
- Tasha Herd, RN
 Assistant DON
- Cindy Pratt
- Bobbie Cancel
 Social Services
- Diane Marenkovic
- Cindy Fusco, LPNMDS Coordinator
- Dawn Green
 Business Office Manager
- James Rainey

 Maintenance Director
- Becky Brazier
 Dietary Manager
- Barb Norris

 Environmental
- Laura Holmes
 Activity Director
- Theresa Baucum
 Central Supply &
 Medical Records
- Andrew Showalter
 Therapy Director

Solar Eclipse

A total solar eclipse is coming to much of Ohio on April 8, 2024. It will begin at 3:08 pm EDT with the Moon's shadow making its final exit from the state at 3:19 pm EDT. Be prepared to see the greatest sight nature offers, a total eclipse of the Sun. Here in Northeast Ohio, we are inside the path of totality and will get the full experience. Cleveland is one of the largest cities inside the path of totality. Cincinnati, Columbus and Youngstown are very close to the path and we expect many people in these cities to make the short drive to northeast Ohio on eclipse day.

You may find that this total eclipse of the Sun is the most beautiful sight you will ever see in the sky. Nothing can quite prepare you for the amazing moment when the sky suddenly darkens and the Sun's corona shines in the sky. Learn about the basics of the solar eclipse at **greatamericaneclipse.com/basics** and find out more about the wonder of eclipses at **greatamericaneclipse.com/splendor**.

Unless you are an experienced photographer, we recommend that you not attempt photography during the eclipse. No photograph can capture the stunning beauty of a total solar eclipse, you must see it for yourself. You will be so stunned that it will be difficult to operate a camera. During a total solar eclipse, such as the one we will experience on April 8th, looking directly at the Sun is unsafe except during the brief total phase ("totality"), when the Moon entirely blocks the Sun's bright face, which happens only within the narrow path of totality. At all other times, it is safe to look directly at the Sun only through special-purpose



solar filters that comply with the transmittance requirements of the ISO 12312-2 international standard. (More information about filters can be found on the following page.)

Instructions for the Safe Use of Solar Filters/Viewers during the Solar Eclipse

- Always inspect your solar filter before use; if scratched, punctured, torn, or otherwise damaged, discard it. Read and follow any instructions printed on or packaged with the filter.
- Always supervise children using solar filters.
- If you normally wear eyeglasses, keep them on. Put your eclipse glasses on over them, or hold your handheld viewer in front of them.
- Stand still and cover your eyes with your eclipse glasses or solar viewer before looking up at the bright Sun. After looking at the Sun, turn away and remove your filter — do not remove it while looking at the Sun.
- Do not look at the uneclipsed or partially eclipsed Sun through an unfiltered camera, telescope, binoculars, or other optical device.
- Similarly, do not look at the Sun through an unfiltered camera, telescope, binoculars, or any other optical device while using your eclipse glasses or handheld solar viewer in front of your eyes — the concentrated solar rays could damage the filter and enter your eyes, causing serious injury.
- Seek expert advice from an astronomer before using a solar filter with a camera, telescope, binoculars, or any other optical device; note that solar filters must be attached to the front of any telescope, binoculars, camera lens, or other optics.



We will have a viewing group in the Back Parking Lot on April 8th, during the total Solar Eclipse. Interested Residents and Staff will be provided with eclipse glasses for safe viewing. It is recommended that people do not drive during the occurrence, so if you are planning to visit, arrive before 2pm and plan on staying until the eclipse is over.













(Left from top) Donna, Dinah and Rose showing their Irish spirit for our St. Patrick's Day Celebration: snacks, trivia and some

potato peeling!



(Left Center and Below) Residents Roberta, Loretta and Larry helped with Crafts during our Egg Hunt for Staff Kids and visited with the Easter Bunny!



APRIL STAFF BIRTHDAYS



Rebekah Hunt.....April 01

Nicole Daigle April 07

Julie Szitas......April 13

Madline Gantous . . April 11

Elizabeth James ... April 18

Joseph Howell April 22



Famous April Birthdays:

Marlon Brando (actor) - April 3, 1924 Maya Angelou (poet) - April 4, 1928 Francis Ford Coppola (director) – April 7, 1939 Billie Holiday (singer) - April 7, 1915 David Letterman (TV host) - April 12, 1947 Loretta Lynn (singer) – April 14, 1932 Queen Elizabeth II (royalty) - April 21, 1926 William Shakespeare (writer) - c. April 23, 1564 Kelly Clarkson (singer) - April 24, 1982 Ella Fitzgerald (singer) – April 25, 1917 Carol Burnett (comedienne) - April 26, 1933 Duke Ellington (pianist) - April 29, 1899



April 21 is D (dandelion) Day!

While some consider the dandelion to be a nuisance weed, others insist it is a beneficial plant. Dandelion leaves contain vitamins and minerals, including vitamin A, C, and K, and are a good source of calcium, potassium, iron, zinc, and manganese. And of course, Dandelion flower petals can be made into dandelion wine!

Keep America Beautiful Month **National Humor Month** National Poetry Month **Masters Golf Tournament**

1 - April Fool's Day 2 - Peanut Butter & Jelly Day 3 - Find a Rainbow Day

9 - 1st Public Library Opens 13 - Thomas Jefferson's Birthday

14 - Titanic Struck The Iceberg 15 - Income Tax Day

15 - First McDonalds Opens 22 - Earth Day

23 - William Shakespeare's Birthday 23 - Movie Theater Day

27 -National Arbor Day

u Employee of the Month:

We would like to recognize Cassandra Dettling, LPN, our March Employee of the Month! Cassandra has overcome personal challenges to become a beacon of care and service here at Jefferson Healthcare. In addition to her nursing duties, she gets fulfillment in her role as wife and mother. "My daughters teach me something new everyday, about loving, life, forgiveness, patience and genuineness!"

